

Marine Omega 3 complex 1000 mg - Product number B025 - 120 capsules.

Description

This BioVitaal product contains purified fish oils extracted from sardines, mackerel and anchovies from the Pacific Ocean off Peru. The capture of these fish is supervised by the General Law of Fishery and the Marine Institute of Peru (IMARPE), ensuring a responsible / ethical policy and preventing overfishing / depletion of fish stocks.

These oils contain omega 3 fatty acids, such as EPA, DHA and DPA. Natural Vitamin E (mixed tocopherols) has been added as an antioxidant to protect the oils. The capsule shell of bovine and pork gelatin has now been replaced by fish gelatin. Marine Omega 3-Complex contains not only EPA, DHA and DPA, but also the 18: 3 ω 3, 18: 4 ω 3, 20: 4 ω 3, 20: 5 ω : 3, 21: 5 ω 3, 22: 5 ω 3 and 22 present in the fish. : 6 ω 3 fatty acids. This product contains less than 1% arachidonic acid, which is very low for a fish oil. Salmon oil has deliberately not been used for this product, because (farmed) salmon can be contaminated and contain relatively high concentrations of arachidonic acid. This oil has been tested for heavy metals, dioxin, PCBs, paks and cain acid analogues such as domoic acid.

EPA and DHA contribute to the normal functioning of the heart (with a daily intake of 250 mg EPA and DHA). DHA contributes to the maintenance of normal brain function and normal vision (from a daily intake of 250 mg DHA).

Ingredients per 3 capsules:

3000 mg of purified fish oil from sardines, anchovies and mackerel (from the South Pacific near Peru).
containing the following unsaturated fatty acids:

EPA (eicosapentaenoic acid) 540 mg

DHA (docosahexaenoic acid) 360 mg

DPA (docosapentaenoic acid) 60 mg

α -LA (alpha linolenic acid) 40 mg

AA (arachidonic acid) <1%

Natural vit. E (nat.mixed tocopherols) 15 I.E. (84% RI)

Also contains the natural 18: 3 ω 3, 18: 4 ω 3, 20: 4 ω 3, 20: 5 ω : 3, 21: 5 ω 3, 22: 5 ω 3 and 22: 6 ω 3 fatty acids (total minimum 50 mg per capsule).

This product does not contain gluten, lactose, soy or milk proteins.

Capsule shell: controlled quality fish gelatin.

Usage and warnings:

Adults take 1 capsule 3 times a day with meals or according to the advice of an expert. Do not exceed recommended dosage. Keep out of reach of children. Do not use in hypersensitivity to any of the ingredients in this product. A dietary supplement is not a substitute for a balanced diet. Persons taking blood-thinning medications should consult an expert before use.